# **OUR SERVICES**

#### **CENTRELINK ASSISTANCE**

Second Tuesday of every month. Contact us for more information and to book an appointment.

#### ONE ON ONE COMPUTER LESSONS

Free one hour computer lessons Monday, Tuesday and Wednesday every week. Contact us to book an appointment.

#### **FORMS ASSIST**

Free one on one assistance completing forms.

Contact us to book an appointment.

#### **FOOD RELIEF**

Food hampers available upon application. Contact us for more information or visit us to apply.

#### **EMERGENCY RELIEF**

By appointment only.
Contact us for more information.

#### **QUIHN COUNSELLING**

Free counselling services for people with past or present illicit drug use. Call to make an appointment. Contact: 07 3620 8111

# REGULAR SOCIAL AND SUPPORT GROUPS

See inside for details.

# WHO WE ARE

MGCCI is a not-for-profit, registered charitable organisation located on Logan Road, Upper Mount Gravatt.

As a community centre, we proactively seek to work with other agencies and organisations to collaboratively deliver flexible, responsive and holistic services for our community.

Our community centre can be accessed by all members of our community.

# **CONTACT US**

Office Hours

Monday to Friday: 9am to 1pm

Incoming Calls

Monday to Friday: 9am to 4pm



Ph: (07) 3343 9833 Fax: (07) 3849 8638



1693 Logan Road, Mount Gravatt QLD 4122



Website: www.mgcci.org.au

# WHAT'S ON? AT MOUNT GRAVATT COMMUNITY CENTRE

2019

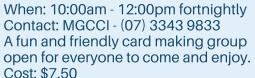


# MOUNT GRAVATT COMMUNITY CENTRE

# **2019 WEEKLY PROGRAM**

# MONDAY

#### **CARD MAKING**



#### A PLACE TO BELONG

When: 9:30am - 12:30pm
Contact: Damien - 07 3217 2522
A Reading and Writing Group for people who want to develop their literacy, numeracy, computer or life skills.

# TUESDAY

#### **AFTERNOON FRIENDS**

When: 1:00pm - 2:30pm
Contact: Lorna - (07) 3219 5504
A welcoming, fun and social women's only group. Activities include games, movies, art, outings and more. Cost: \$2.00

#### IN STITCHES SEWING GROUP

When: 9.00am - 2.00pm
1st Tuesday of the month
Contact: Chris — 0407 141 998
A sewing group for beginners, those looking for company or people who want to sew for a good cause.

#### **ENGLISH CONVERSATION**

When: Intermediate level - 9.30am to 11.30am. Beginner level - 12.00pm to 2:00pm (during the school term)
Contact: MGCCI - (07) 3343 9833
A space to meet new people and practice your English language skills.

#### **MUSICALLY SPEAKING**

When: 7:00pm - 9:00pm fortnightly
Contact: Peter - 0408 756 763
Musically Speaking allows people to discover new music as well as share the music they love.— Nil cost

#### **UKULELE GROUP**

When: 11.30am - 12.30pm Contact: MGCCI - (07) 3343 9833 Bring a Ukulele, or use one we have here. For beginners or people who want to play together 2nd & 4th Tuesday of every month.

#### **FAMILY DRUG SUPPORT**

When: 7:00pm to 9:00pm last Tuesday of the month Contact: Dee - 0484 000 806 Monthly support group for families impacted by someone's drug/alcohol use. All welcome.

### WEDNESDAY

#### **SENIORS SOCIAL GROUP**

When: 10:00am - 12:00pm
Contact: MGCCI (07) 3343 9833
Meetings 1st Wednesday of every
month. Come along to find out about
and sign up for seniors outings. Costs
involved for outings

#### **CONVERSATIONS WITH PURPOSE**

When: 10:00am - 12:00pm last Wednesday of the month Contact: Ellen (07) 3343 9833 or Farina 0466 227 003

A multicultural women's group for all women to come together to learn, share, discover and network.

## THURSDAY

# CROCHET AND KNITTING GROUP

When: 10:00am - 12:00pm Contact: MGCCI - (07) 3343 9833 A friendly group where you can have a chat and a cuppa and make beautiful art. Beginners & experienced crocheters welcome. Friendly group. Cost: \$2.00

#### **WEIGHT WATCHERS**

When: 5:00pm - 7:00pm Contact: 13 19 97 Weekly meetings.



#### **MUSICALLY SPEAKING**

When: 7:15pm - 9:15pm fortnightly
Contact: Peter - 0408 756 763
Musically Speaking allows people to discover new music as well as share the music they love.

#### **HOMEWORK CLUB**

When: 3:30pm - 4:30pm during school term.
Where: Holland Park Library, Seville Rd Contact: MGCCI - (07) 3343 9833

# FRIDAY

#### PAINT PALS SOCIAL ART GROUP

When: 9.30am - 1:00pm Contact: Nancy - 0422 289 575 (no Oils)

A fun and friendly group for those interested in painting. There is no need to bring anything along at first. Come and try.

Cost: \$5.00

# SATURDAY

#### **IN STITCHES SEWING GROUP**

When: 9.00am- 2.00pm
Third Saturday of the month
Contact: Chris - 0407 141 998
A sewing group for beginners, those looking for company or people who want to sew for a good cause. 3rd Saturday of every month.



