

## Welcome to Jeays Street Community Centre

### **February 2020 Program**

Opening hours: 9:30am - 3:00pm, Mon - Fri except Thu 9:30am - 1:00pm

**MONDAY** 

**Games & Hobbies Group** 

Every Monday 1pm - 3pm

Come and work on your projects and enjoy some games such as Uno, cards, puzzles & more.



**TUESDAY** 

Free Fresh Produce Market at 11:30am

Bring a bag and fill it with fresh produce at our weekly market!



**Transport to Toombul Shopping Complex** 

Gold coin donation 1pm - 3pm

Meet at Jeays Street Community Centre and we drop you back at your home.



WEDNESDAY

**BHC** 

1pm (fortnightly)

If you want to be a tenant with BHC or find out more information, please come in and see **Viena**.



Next Pool Comp on 12<sup>th</sup> February, at 11am

(2nd Wednesday of the month)

1st prize: \$10 voucher

2nd prize: Toasty voucher & drink

Register on the day!

**THURSDAY** 

**Computer & Smart Phone Tutoring** 

9:30am - 12:30pm

Need assistance using a computer or new to a smart phone?

You are supporting our

community center!



**Community Garden Working Bee** 

Every Thursday 10am – 1pm Come and get your hands or

gloves dirty in your local community garden!



FRIDAY

Toasty Friday
11am – 12pm
Sandwiches \$2
Cold drinks \$1



Orange Sky
Laundry & Shower
From 9am in the park

Free clothes washing & drying, as well as a shower facility!

Arts & Crafts
Painting & Drawing
1pm – 3pm every Friday

Show your imagination and have fun with your artwork. All welcome!

**OTHERS** 

Yoga & Meditation in the park

Wednesdays from 7:15am – 8:15am. BYO Matt & Towel





Jeays Street Community Centre, 12 Jeays Street, Bowen Hills QLD 4006

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Email: jeayscommunity@redcross.org.au Phone: 3852 5105



# March Excursion is going to Mt Coot-Tha Botanic Gardens, Lookout & Picnic



Date: Wednesday 4th March

**Time:** 10am – 3pm

Cost: FREE – light Lunch included

To book, phone 07 3852 5105

Or enquire at Reception. See you then!

## **Visiting Partners**

#### **National Disability Insurance Scheme (NDIS)**

Wednesday 26th February during BBQ at 12pm

#### **Milestones Employment**

Every first Tuesday of the month from 11am – 12pm

Milestones employment will work with you to address any barriers you might be facing to help find a job.

#### Reclink

Every Monday from 3:15pm - 3:45pm

Come on down to Joshua Jeays Park and enjoy a quick workout with Bee! Activities can range from circuit and cardio session, to boxing or even AFL skills! All skill levels welcome.

#### **Valley Hearts**

Every Monday from 9:30am - 3pm

Valley Hearts will be catching up with people for a chat & assisting with referrals, filling out forms and getting ready for the Community Dinner in the afternoon.

#### Drug Arm Street Outreach Service (SOS) with Dr Solari

Every Friday from 9:30am - 10:30am

Drug Arm supports individuals who are, or are at risk of, experiencing homelessness and who may have alcohol and/or other drug misuse issues. Support focuses on harm minimisation, providing information, referrals and crisis intervention.

#### **Bunnings Newstead**

Friday 28<sup>th</sup> February from 12pm – 2pm in the centre Bunnings are hosting a workshop on how to create beautiful Mosaic Art. Come and join us for a fun and colourful afternoon.

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