

*Welcome* to Jeays Street Community Centre  
**March 2020 Program**

Opening hours: 9:30am – 3:00pm, Mon – Fri except Thu 9:30am – 1:00pm

<p><b>MONDAY</b></p>	<p><b>Games &amp; Hobbies Group</b> Every Monday <b>1pm – 3pm</b> Come and work on your projects and enjoy some games such as Uno, cards, puzzles &amp; more.</p> 		
<p><b>TUESDAY</b></p>	<p><b>Free Fresh Produce Market</b> at <b>11:30am</b> Bring a bag and fill it with fresh produce at our weekly market!</p> 	<p><b>Transport to Toombul Shopping Complex</b> Gold coin donation <b>1pm – 3pm</b></p> <p>Meet at Jeays Street Community Centre and we drop you back at your home.</p> 	
<p><b>WEDNESDAY</b></p>	<p><b>BHC</b> <b>1pm (fortnightly)</b> If you want to be a tenant with BHC or find out more information, please come in and see <b>Viena</b>.</p>	 <p><b>Next Pool Comp on 11<sup>th</sup> March, at 11am</b> <i>(2nd Wednesday of the month)</i></p> <p>1st prize: \$10 voucher 2nd prize: Toasty voucher &amp; drink Register on the day!</p>	
<p><b>THURSDAY</b></p>	<p><b>Computer &amp; Smart Phone Tutoring</b> <b>9:30am – 12:30pm</b> Need assistance using a computer or new to a smart phone?</p> 	<p><b>Community Garden Working Bee</b> Every Thursday <b>10am – 1pm</b> Come and get your hands or gloves dirty in your local community garden!</p> 	
<p><b>FRIDAY</b></p>	<p><b>Toasty Friday</b> <b>11am – 12pm</b> Sandwiches \$2 Cold drinks \$1</p>  <p>You are supporting our community center!</p>	<p><b>Orange Sky Laundry &amp; Shower</b> <b>From 9am in the park</b> Free clothes washing &amp; drying, as well as a shower facility!</p>	<p><b>Arts &amp; Crafts</b> <b>Painting &amp; Drawing</b> <b>1pm – 3pm every Friday</b> Show your imagination and have fun with your artwork. All welcome!</p>
<p><b>OTHERS</b></p>	<p><b>Yoga &amp; Meditation in the park</b> Wednesdays from <b>7:15am – 8:15am</b>. BYO Matt &amp; Towel</p> 	 <p><b>WEDNESDAY 25<sup>TH</sup> MARCH</b> SINGLES TOURNAMENT FROM 10:30AM DOUBLES TOURNAMENT FROM 1:30PM</p> <p>FREE PIZZA LUNCH, LUCKY DOOR PRIZE, PRIZES FOR 1<sup>ST</sup> AND 2<sup>ND</sup> PLACE PRACTICE IS AVAILABLE ON REQUEST.</p> <p>LIMITED SPACES AVAILABLE, REGISTER NOW! CALL 3852 5105, EMAIL CCASSIMATS@REDCROSS.ORG.AU OR VISIT JEAYS STREET COMMUNITY CENTRE TO REGISTER.</p> <p><small>Jeays Street Community Centre</small></p>	

Jeays Street Community Centre, 12 Jeays Street, Bowen Hills QLD 4006  
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Email: [jeayscommunity@redcross.org.au](mailto:jeayscommunity@redcross.org.au) Phone: 3852 5105

## April Excursion is going to **Enoggera Reserve, Walkabout Creek Discovery Centre & Picnic**



**Date:** Wednesday 1<sup>st</sup> April  
**Time:** 10am – 3pm  
**Cost:** FREE – light Lunch included  
*To book, phone 07 3852 5105  
Or enquire at Reception. See you then!*

### Visiting Partners

#### **National Disability Insurance Scheme (NDIS)**

Wednesday 25<sup>th</sup> March during the JSCC BBQ at 12pm

#### **Milestones Employment**

Every first Tuesday of the month from 11am – 12pm

*Milestones employment will work with you to address any barriers you might be facing to help find a job.*

#### **Reclink**

Every Monday from 3:15pm – 3:45pm

*Come on down to Joshua Jeays Park and enjoy a quick workout with Bee! Activities can range from circuit and cardio session, to boxing or even AFL skills! All skill levels welcome.*

#### **Valley Hearts**

Every Monday from 9:30am – 3pm and Thursday from 9:30am – 1pm

*Valley Hearts will be catching up with people for a chat & assisting with referrals, filling out forms and getting ready for the Community Dinner on Monday afternoon.*

#### **Drug Arm Street Outreach Service (SOS) with Dr Solari**

Every Friday from 9:30am – 10:30am

*Drug Arm supports individuals who are, or are at risk of, experiencing homelessness and who may have alcohol and/or other drug misuse issues. Support focuses on harm minimisation, providing information, referrals and crisis intervention.*

#### **Bunnings Newstead**

Friday from 27<sup>th</sup> March 12pm – 2pm in the centre

*Bunnings are hosting a workshop on how to create beautiful **Zentangle**.  
Come and join us for a fun and colourful afternoon.*

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