

WESLEY MISSION QLD BRISBANE RELIEF HUB

MAY 2021

OPENING HOURS:

Mon – Fri: 9.30m to 12:00pm; 1:00pm to 3:30pm
Complete onsite COVID Clean and Sterilization done three (3) times a day
QR CODE Check in and COVID check in for everyone onsite

EMERGENCY RELIEF SERVICES

MONDAY – FRIDAY • Food parcels and limited scripts **DROP IN** 9.30am to 12pm • Proof of low-income id AND Personal id required **INTERVIEWS** 1.00pm to 3.30pm • Interview is short & quick; No apt needed • 10 – 12 people allowed into waiting area • Only 1 – 3 interviews at any time DV connection; links to services and **CASEWORK MON to FRI:** support casework Call for apt FINANCIAL RESILIENCE **MON to FRI:** Advice on how to manage your budget; advocacy; skills counselling COUNSELLING Call for apt

GROUPS CALENDAR

MONDAY	[BLANK]	[BLANK]			
TUESDAY	Tues morning BBQ for free takeaway burgers from 10.15am to 11.15am	Tues ART for up to 6 ppl 1.30pm to 2.30pm. All materials supplied.			
WEDNESDAY	[BLANK]	[BLANK]			
THURSDAY	[BLANK]	[BLANK]			
FRIDAY	[BLANK]	[BLANK]			
COMING IN	May 26, National Sorry Day @ Teralba Park, Mitchelton. Join us.				
MAY:					

COMMUNITY MEAL SERVICES				
SUNDAY LUNCH		EVERY SUNDAY 1:00pm to 1:45pm	Two (2) course takeaway dinner	
MONDAY DINNER		EVERY MONDAY NIGHT: 6:30pm to 7:15pm	Two (2) course takeaway dinner	
WEDNESDAY DINNER		EVERY WEDNESDAY NIGHT 6:30pm to 7:15pm	Three (3) course takeaway dinner	
CLINICS	 Sunny St Drs Clinic every Wednesday evening from 6pm to 730pm with Coronavirus restrictions in place 			
	 Drop in mental health Check in every Wednesday evening from 6pm to 7pm with WMQ Mental Health First Aid 			
		4Voices Computer literacy for Women every Wednesday evening from 630pm to 730pm. Free and all welcome		
COMING SOON:	-	Flu vaccination with our WMQ nurse consultant. Wed 2 May from 6pm to 7pm.		
	 We hope to commence sit down/dine in meals for 50 people in late May 			



DROP IN MENTAL FROM 6:30PM HEALTH CHECK UP

STAND UP
TO STIGMA
Let's talk about MENTAL HEALTH

