# MOULD FACTSHEET

There's nothing mould loves more than rainy days. With high humidity and lots of moisture in the air, it has been ideal conditions for mould to grow. Our colleagues at the Department of Housing have put together some helpful tips on how best to tackle this pesky problem.

## PREVENTION

**The best way to prevent mould and damp is to ensure your home is dry and well-aired:**

- Allow sunlight into the property as much as possible, especially in the bathroom, laundry and kitchen.
- Open doors and windows to allow as much air to circulate, particularly in the bathroom.
- Open the windows when you're cooking or using the shower.
- Clean wet areas of your home, such as your bathroom, kitchen and laundry regularly. Wipe away moisture from windows, walls and near taps. Keep bathroom walls, showers, shower curtains, baths and basins as dry as possible.
- Dry and air damp clothes and shoes outside as soon as possible. Ensure they're dry before putting a wardrobe or clothes-storing area. Leave wardrobe doors open where possible.
- Clean carpets and rugs regularly
- Clean up water leaks and spill indoors immediately.
- Allow space between furniture and walls so air can flow, particularly wardrobes.

**If you think you have an issue such as a water leak, please advise your Housing Manager or email us at reception@bhcl.com.au**

## REMOVAL

**Steps to removing mould:**

- Obtain personal protective equipment, including half-face disposable respirators with P1 or P2 filters, to avoid inhaling mould spores when cleaning. You'll find these at hardware stores.
- Place drop sheets on the floor and exclude people from the affected area if they're not performing the work.
- Get 2 buckets: 1 for cleaning solution and 1 for clean water.
- Wipe the area clean with a microfiber cloth and cleaning solution. Don't put dirty cloths back in the solution; rinse them in the clean water to avoid cross-contamination.
- After cleaning the area with the solution, wipe the surface with a damp cloth. Don't use the same cloth you used with the solution.
- Wipe the surface dry with a clean cloth.

### Mould Remover Recipes

Remove mould using a suitable mould remover, such as:

- A solution of 3 parts water and 2 parts vinegar
- A solution of 70% methylated spirits and 30% water
- A solution of tea tree oil and water
- Commercial products from the supermarket

### Tips

Always use a different cloth with each process and throw them away after, or the mould spores will spread and mould will reappear.

Don't dry brush the area with a broom or brush, as this can spread mould.